



情流館

Seiryukai e.V.  
Goseburgstraße 41  
D-21339 Lüneburg



# Pascal Olivier

## Date

SU 21. 07. 2019 to  
SA 27. 07. 2019

## Teacher

Pascal Olivier / Paris

## Location

LZ Herzogenhorn  
Herzogenhornstr.7,  
79868 Freiburg

## Participants

40 Aikidokas

## Training times

**Monday till Friday**

06:30 am to 07:30 am

10:00 am to 11:30 am

04:00 pm to 04:45 pm

04:45 pm to 05:30 pm

*Thursday afternoon no training!*

## Cancellation

fees: till 4 weeks before seminar no charges,  
till 2 weeks before seminar 50%, less then 2  
weeks 100%

## Info

info@aikido-dojo-lueneburg.de

From **Sunday, 21st - until July, 27th July 2019**

there will take place an Aikido seminar with Pascal Olivier,  
a teacher from Paris, at the training center at Herzogenhorn.

In this week we won't look at the sports aspect, but rather at the  
perception of Budo and various interpretations.

There will be four training units per day throughout the week.

These units are each composed of the following parts: a session of  
meditative aikido similar to yoga, a normal training session, a training  
on special techniques and a weapons training.

**Sunday, 21st July we start at 15:30 hours to lay out the training  
mats, then there's training from 16.30 to 17.30.**

The costs of the training course amount to 100 Euros per person,  
please wire transfer to Seiryukai e.V, Sparkasse Lueneburg,  
**IBAN: DE70 2405 0110 0000 0517 06, NOLADE21LBG,**  
**keyword: HERZOGENHORN.**

The booking is guaranteed by reception of the the payment!

In the center 20 places have been reserved.

I hope that many aikidoka will be intested to participate actively and  
I am looking forward to your participation!

Kind regards!  
Sybille Haase